

T H E

NEW

# FILLMORE

Volume 2

Number 4  
August 1987



—Caly Benvenuto photo

- Fillmore's own Summer of Love
- To Russia with Love and Sobriety
- Latest on Laurel Heights/UCSF Tangle



## Community news briefs and not-so-briefs

### UCSF loses Laurel Heights legal round, seeks to avoid stay

Surprised and stung by an appeals court decision which rejected UCSF's environmental impact report on its conduct of biomedical research at its Laurel Heights campus as "woefully inadequate," and in response to a request of the court for a stay which would force the University to immediately strip its research facilities from the site, UCSF has moved quickly to produce new evidence to support its contention that research may be conducted there safely and without hazard or unacceptable risk to the surrounding population.

Overturning a lower court decision, the appeals court found on July 9 that UCSF's environmental impact report was deficient on several grounds, and specifically failed to address the quantities of radioactive materials and other carcinogens which could be released into the environment as a byproduct of its research, holding that studies conducted at the Parnassus facilities on which the University based its case were inadequate and inappropriate to the Laurel Heights location. Upon filing of the decision, the Laurel Heights Improvement Association immediately filed a motion with the court requesting a stay which would not only prevent the University from constructing new laboratories, but would also compel UCSF to remove its present operation there until a new environmental impact report was certified.

In responding Thursday July 30 to the motion for the stay, UCSF introduced new data quickly compiled after the July 9 decision in an effort to convince the court that a stay was unnecessary, and that present operations at Laurel Heights

pose no unacceptable risks.

The University contracted with Radian, a private firm that does testing for a variety of federal and state agencies, to determine what risk levels for present operations were involved in emissions from the Laurel Heights stacks.

Radian interviewed Laurel Heights laboratory personnel to determine what compounds would be used in research in what quantities and came up with a list of 41 which it ran a computer modeling program on to determine what levels of risk would be encountered by their being released in the atmosphere. It further did an empirical cross check on 36 of the 41 compounds, measuring emission at the stack prior to any downwind dispersion, excluding only the 5 radionuclides the

University would like to use at Laurel Heights but presently lacks the necessary permit for. According to the UCSF brief submitted to the court, only five of the 36 compounds empirically tested were found in measurable quantities, and four out of those five in smaller quantities than predicted by the computer modeling. The computer modeling of the 41 compounds, according to the brief, gave UCSF a clean bill of health, in the case of the 7 known carcinogens in the 41 compounds, posing average risk levels of 2.7 additional cases of cancer per 10 million people, as opposed to generally acceptable risk levels of 1 additional case of cancer for every million people.

However Kathryn Devincenzi, attorney for the Laurel Heights Improvement Association, after Continued on page 16

### Residents wrangle with hotel site

Appearance in late June by over 100 angry Pacific Heights residents at a Planning Commission meeting has apparently stalled the ongoing development of a 42 room hotel on Pacific between Broderick and Baker.

The hotel developers were apparently trying to use various technical aspects of the law to avoid seeking a remodeling permit, but were finally forced to try and secure one when they decided that the addition of another story to the premises they were in the process of gutting, previously owned by Delancy Street, would need another story to be economically viable.

Planning Commission members listened long and hard as angry neighbors complained about the parking problems which the new facility could be expected to draw, appealing to both transient

residents and additional dinner guests for its proposed bar and restaurant.

The Planning Commission finally issued the necessary permit, but required among other things that the hotel find a means of adequately and permanently providing 10 parking spaces for its guests, and that guests be required to stay a minimum of 30 days, thereby making the hotel less transient and more residential in nature.

It is reported that late last month attorneys for the developer met with zoning administrator Bob Passmore to try and get some sort of waiver on the zoning restrictions, but were unable to secure one. They have now reportedly requested a private meeting with Planning Commission Chairman Tony Rosenblatt.



**LOCAL BOY MAKES OLLIE!** John Hudson a neighborhood resident recently relocated from Houston, Texas has his own plans for cashing in on Ollie mania via the Ollie doll. He plans to follow up with dolls of Gorbachov & Jessie Jackson. No Ruth Dewsens doll is yet planned, however.

### Letters to the editor

The letter to the Editor's by Bill Hoelscher dated July 1, 1987 concerning the local bars on Fillmore St. & the noise they generate at 2:00 a.m. was of great interest to us. It is especially interesting since we are a restaurant & close at 11:00 p.m. We are especially perturbed since in light of the fact we "THE ELITE CAFE", were the pioneers that blazed the way. We put our money where our mouths were before it was fashionable. In the six years we've been open on Fillmore we have never had this kind of complaint. We most assuredly plan to conduct our business in a manner conducive to the well being of the Homeowners and Merchants. While we are a part of the whole we sincerely remain "THE ELITE CAFE."

Rahim Talai  
Tom Clendering

I just had the good fortune to come across a copy of your May Issue — what a terrific paper!

Reading about St. Rose Academy, Delanghe's Patisseries, and the house at 1900 Webster Street gave me the feeling that I had just been welcomed into a small town. Thanks, and congratulations on producing a neighborhood paper that really serves the community.

All best,

Eileen LeBlond  
Special Assistant to  
The Sherriff

### THE NEW FILLMORE

The New Fillmore is published monthly from Box 343, 2443 Fillmore Street, San Francisco, CA 94115. Tel. 931-1245. (You should see the size of the box!) David Ish, Editor and Publisher, Ginny Lindsay, Art Director, Carol Tolbert, Production Supervisor. We warmly welcome letters to the editor, articles, fiction, poetry, and notions. All submissions, whether real or imagined, must be either about something happening in the neighborhood (or at least partially set in the neighborhood if its fiction) or written by someone living here.

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# INSIGHT THE NEW FILLMORE



## WHERE WERE YOU IN THE " SUMMER OF LOVE?"

I've had fun this month asking what people were doing in the "Summer of Love." Try it and see if you discover what I did, that it was a watershed time of hopes and dreams, ideals and vision. Vietnam mobilized a Peace Movement, Martin Luther King voiced black people's rights and Timothy Leary

brought us LSD to the music of Bill Graham. These events fueled a movement which exploded into one of the greatest *cause celebre's* in the 20th century. We thought we could change the world; and for a while, we did.

**Marsha Berger King**  
Housewife; model;  
Community Activist  
Resident:  
Laguna at Washington



"I was working in the development office at KQED and going to night school at USF and City College, studying social psychology and film. For fun, I used to dance and occasionally sing at a jazz club called 'The Scene' on Fillmore Street. My life changed dramatically that summer when I found out that I had been approved as a Vista Volunteer and was to leave for the South Bronx that winter for a four-month training."

**Samuel Bolden**  
Retired Military  
Resident: Broderick at Bush  
" **Felicitades**"  
Writer; former clerk/typist  
Resident: The Fillmore  
(Not shown by request)



**Felicitades** "I was here in 1967 when the Fillmore was a proud neighborhood of black people fighting for equal rights and organized into all the progressive movements, where we actually thought we were getting somewhere. Since then the Fillmore has been sold out, 'Redevelopment' caused black homes to be broken apart and scattered people to the Tenderloin and Hunter's Point. All the expectations of black people are gone." **Samuel** "I knew I would set something off. (Referring to his companion's passionate comments.) Back then the Fillmore had a lot of action going on, we worked hard and had a good time."

**Ron Megorden**  
Part-owner, Part Artist  
Mesa Gallery  
Bush at Fillmore



"I was getting ready to go off to Prescott College.

I was a Goldwater Republican reactionary, even though I was an ecofreak living in Phoenix and growing vegetables. So when I arrived at this little college in northern Arizona and began meeting left-wing people from Pennsylvania and New York who had a broader frame of reference I discovered a new dimension to life different to the 'Ozzie & Harriet' model I grew up with."

**Eric Johnsen**  
Exhibition Designer  
Resident: Forest Hill Ext.



**Doris Raymond**  
Owner: The Way We Wore  
Fillmore at Sacramento

**Eric** "I was at the San Francisco Art Institute as a painting major taking photography and sculpture and in those days we were having sit-in's protesting grievances against the school. I never went to the Fillmore Auditorium but I used to work on Janis Joplin's and Paul Kantner's cars. That's as close as I got. I don't miss those days, I like stability and those were pretty unstable times." **Doris** "I was 13 - living on Long Island and being seduced by a city called San Francisco. A friend wrote delightful letters with diagrams and descriptions of this incredible city. I knew then I wanted to come and live here."

**Keith Anderson**  
Retired Cabinet Maker  
Fillmore Resident (Since 1946)  
Webster at Pacific



"I was living in the Fillmore and in '67 it was a more relaxed neighborhood where you could go down the street at almost any hour of the night and feel secure and safe. Lower Fillmore was a party neighborhood with black nightclubs you don't have today and in Japan Town there was a place with after-hours dancing. It was a fun neighborhood. I used to know all my neighbors, I could go in their house, they could come in mine. Today you hardly know the person next door, it's not the same feeling here anymore."

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# GREKIN



## Neighborhood Poets

### Summer of Love

I marched in step  
With the Lonely Hearts  
Club Band  
I saw Lucy in the sky  
With diamonds  
I was engulfed in a tide  
Of love  
Washing over the land  
Kaleidoscoping  
Metamorphosing

No ordinary summer  
1967

Because of it, that  
Long summer of love  
Flowering a decade  
Nourishing my heart  
Like a small garden

Words began to bloom  
Thrusting up  
Out of the depths  
Born  
Of that time.

—Norma Churchill

*Norma Churchill is a poet who lives here in the neighborhood. She was here during the summer of love.*

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# Community History: What it was like in '67

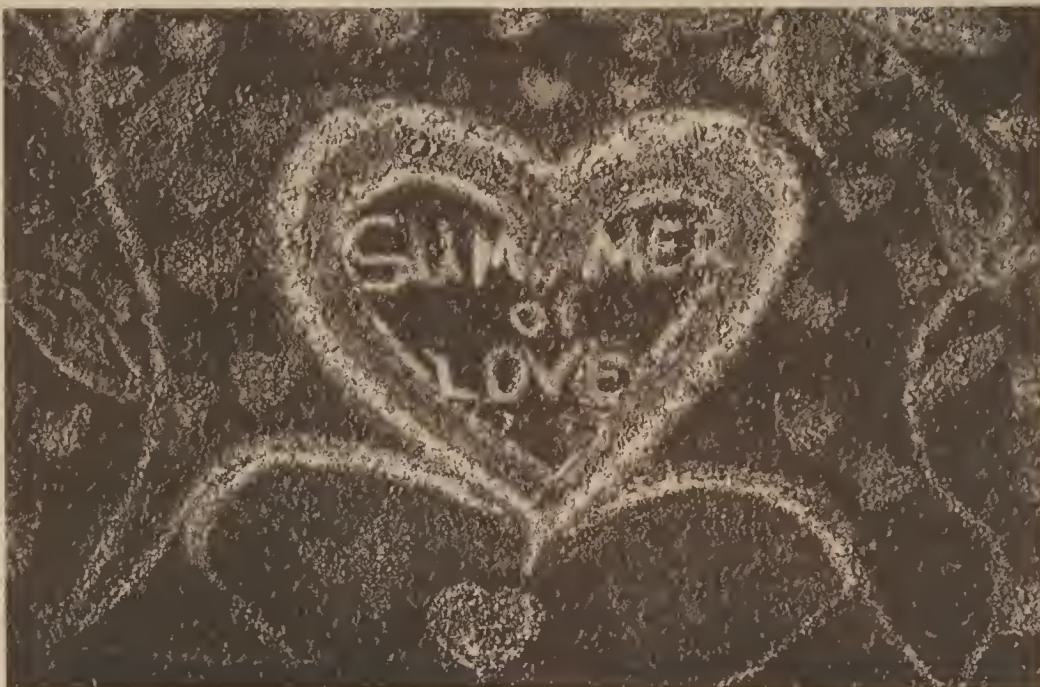
## The Fillmore in 1967: A summer of love and war

The "Summer of Love" arrived on a balmy June 20 evening as the Fillmore Auditorium kicked off a six-day-a-week summer program, starting with the Jefferson Airplane, Gabor Szabo and the man who revitalized patriotism, Mr. Star Spangled Banner himself, Jimi Hendrix. \$3.00 got you in, but if you went to the Fillmore and the Avalon as often as we did, were 15, and paper-routes were totally out of the question, you might have done what my friend Kate and I did, become flower-child entrepreneurs, selling tangerines outside the Fillmore for a quarter apiece. It was a great business, except for the ever present danger of the notoriously caustic Bill Graham showing up and telling us to take our fruit and --- off. When Graham did finally notice us, he grinned, handed me a quarter, took a tangerine, and we were in business for the rest of the "Summer of Love." But this look back (not in anger, but in nostalgic reflection) must nonetheless include a few bittersweet realities: President Lyndon Johnson's two wars: Vietnam and the war at home on poverty. These "wars" set the stage just as much as Bill Graham did at Fillmore Auditorium, for the social transformation which flowered in our neighborhood during that "Summer of Love."

### FILLMORE STREET ACTION

They were heady and exciting times, living in the Fillmore. While kids from all over the country were hitch-hiking, hopping trains, and running away to San Francisco, we were already here. (We wanted to run away too but we had nowhere else to go.) Although Haight-Ashbury was the locus of street action and Golden Gate Park a hippie Camelot, the Fillmore was a place to come home to and still not miss out on the action.

My family lived in a railroad flat across from the Grand Central Market on California at Fillmore. Next door was a complex of Victorian apartments inhabited by students from the Art Institute, musicians, unwed mothers and their children, topless dancers from North Beach, and several discreet (but famous) drug dealers. Today, the buildings, long since torn down, have become a new green oasis occupied seasonally by Christmas trees and Halloween pumpkins. My favorite place to hang out, after spending the day in the Haight and listening to music in the park at Hippie Hill, was my own front steps. We spent hours surveying a constant passage of handsome men and their exotically dressed "old ladies." A very young and thin Steve Miller made our virgin hearts palpitate as he came courting his girlfriend next door. The



A testament to the transitory nature of love, a drawing made for the "Chalk In" on July 26, one of a series of events this year celebrating the famous summer. - Anne Coffelt

roguish Charlatans, an early San Francisco rock group, were generous with sidelong grins and winks as they passed by.

Ian Joel was a local curly-headed filmmaker who lived around the corner on Steiner Street. His odyssey after the Fillmore led him to the Castro, starting Feather's Point Theater, an early experimental movie house and ending up, I'm told, in Oregon with Key Kesey and the Merry Pranksters.

Blonde and bespectacled Chet Helms of Avalon Ballroom fame was often seen on Fillmore Street, as he lived with his entourage "The Family Dog" in a commune up the street. Fillmore's ever-constant thrift strip contributed to the fashion statements of the "Summer of Love" as a vast and appreciative clientele loaded up on bargain beads, black velvet dresses and old Levis.

### THE WATCH FOR BIG BROTHER

My friends and I were rapidly adopted by our young hippie neighbors as we babysat children named "Jade" and "Melody." In return, we got a glimpse of an older hipster lifestyle. The first party I was invited to was held in the basement apartment below our flat. My mother figured it was O.K.,

so close to home and all, and we did promise to be home by 10 PM. My memories of that evening are remarkably clear. Kate and I seated on big paisley cushions, drinking from the jug of cheap red wine passed around the room. There was LSD in the bottle and for the first time in my life I tripped. A band of strangers arrived, and like the parting of the Red Sea, the room separated to make a pathway for them to set up equipment and play music. These four handsome, long-haired men and one outrageously dressed woman was Big Brother and the Holding Company and an immigrant Texas singer named Janis Joplin. David Getty, Big Brother's drummer and a former Rhodes Scholar (or was it Fullbright? or could it have been Ten O'Clock) was the Fillmore connection, as he was then dating his future wife Nancy Parker, who lived next door. But even though we were "flower children," and ecstatic to be so close to the Fillmore and Avalon Ballrooms and babysit famous musicians' kids, being here was a chance to witness social change and the highest of human values, the likes of which may never be seen again.

### JAZZ AND REMARKABLE PEOPLE

Fillmore bars and jazz clubs were hot in the summer of 1967: **The Scene**, *Clay and Fillmore*; **The Hideaway**, *Clay and Sacramento*; **Charlie's**, *corner of Sacramento and Fillmore*; **The Copy Cat**, *across from the Hideaway*, and **Jack's**, when it used to be on Sutter. Former Warriors basketball star Nate Thurmond had a restaurant and bar that people still talk about today as being one of the places in the neighborhood to go, rather like the bar there now, **Harry's**. But beyond the music, wine and song, Fillmore Street clubs were places to relax after a long day and on weekends.

The Clubs also functioned as rendezvous points for people involved in the civil rights movement and "War on Poverty" programs like the EOC (Economic Opportunity Council.) Marsha Berger King, a life-long Fillmore resident, and self-described white, six-foot, Anglican daughter of a Jewish father was 21 during the "Summer of Love," and used to walk the five blocks from her parent's home to The Scene and other clubs, because as she explained, "I loved to dance. But it was the people that I met in the Fillmore jazz clubs which changed my life. So much so, that I decided to become a Vista volunteer and go work in the South Bronx. The Scene was the most racially mixed bar on Fillmore," she continued, "whose patrons included some heavy-weights from the black community." Berger reeled off their names: "Willie Brown and John Dearman, who in those days practiced law together and today are respectively Speaker of the California Assembly and Municipal Court Judge; Sonny

Continued on page 17



Big Brother and the Holding Company, (L-R) Sam Andrews, David Getz, Janis Joplin, James Gurley, Peter Albin. Photo: Herb Greene/Robert Koch Gallery, San Francisco





## Clinton Chevron's Car Care Tips

by Jane Clinton

### Your turn!

I've been writing this column for over a year, giving you various car care tips which I hope have been helpful to you. Now I'd like to hear from you! I'd like some help understanding what you like about getting gas and getting your car repaired, and what you don't like.

So please let me know:

What do you dislike the most about buying gas or getting car repairs?

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What do you like best?

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Other comments:

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If you'll drop by your response or mail it to the address below, I'll see to it that you get a free key ring!

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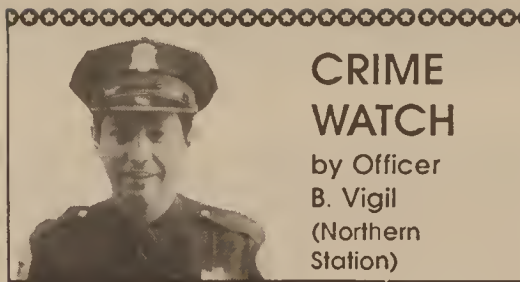
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## CRIME WATCH

by Officer  
B. Vigil  
(Northern  
Station)

In our neighborhood (from Van Ness to Presidio from June 27 to July 28 I am pleased to report there were no homicides or rapes. However there were 11 robberies, 12 assaults, 33 burglaries, and 79 thefts, 22 of which were auto thefts.

Some of the crime and incidents occurring during this period included:

### Burglary—Brentwood Cleaners.

Sometime Monday night July 20 a burglar or burglars gained entry to Brentwood Cleaners at 1919 Fillmore Street, apparently by putting a cardboard on its end, standing on it and removing three pieces of glass from the transom window. Taken from the store were a cassette stereo, a cordless telephone, a desk calculator and miscellaneous items of clothing.

### Robbery

On Tuesday, June 30, at five thirty in the afternoon a woman was followed into her garage at 2235 Laguna Street by a robber who approached her and said "I have a knife—hand over your money and you won't get hurt. The woman gave the robber her wallet, and he fled, heading north on Laguna toward Washington.

The robber was somewhere between 35 and 40 years of age, about 6 ft., weighed around 140 pounds, had black hair in a medium afro, and had a beard and mustache. He was wearing a black knit cap, black jacket, and dark pants.

### Purse Snatch

On Saturday, July 18 at 6:30 in the evening a woman was walking along Sutter towards downtown near the corner of Webster Street when a purse snatcher came running along at full speed, pulled the woman's purse from her grasp and knocked both the woman and her companion to

the ground. The purse snatcher then fled on foot into a nearby housing complex.

The thief was a male, 25 to 30 years old, around 5' 10", and about 160 pounds. He was wearing a Navy colored cap and khaki pants.

### Arrest on warrants

On Friday, July 17, Northern Station officers were walking their foot beat when they observed a vehicle with expired tabs, and mechanical violations driving toward them. The driver stopped the car and parked it in front of the officers. The policemen then asked the driver of the car for his license, and he was unable to produce one. The ensuing investigation on the driver found misdemeanor and felony warrants for his arrest.

### Construction under way for new Northern Station

I'm pleased to report that as of Monday, July 20, the beginning phase of construction for the future Northern Police Station is underway. The station will be located just south of our neighborhood in the old State of California employment office at Turk and Fillmore, and it is hoped that the building will be ready for occupancy by January of 1988.

### Community Meeting

Remember, community meetings are held every month at Northern Station, (841 Ellis Street) on the second Thursday of the month at 7:30 pm. This month's meeting is on Thursday, August 13. Come by and let Captain Thomas L. O'Donnell know of your problems or concerns, or come and just find out what's going on in your particular area.

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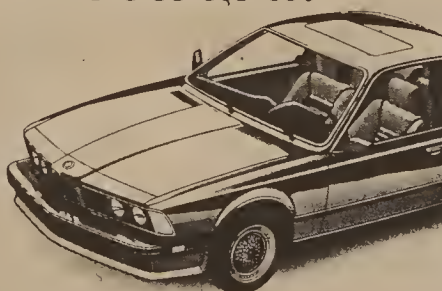
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# Community Outreach: A sobering contact with the Soviets

## To Russia with love and sobriety from Sacramento Street

Twenty years after the Fillmore's flowering of the Summer of Love which tried to change the world, (see our story on page 5), we find ourselves in our neighborhood still trying to change the world, but in a different way. Maybe it's coming full circle from the drugs and booze of the late 60's, or maybe, some would say it's even going a little too far. (Some would and certainly did say that about the Summer of Love.) But out on Sacramento Street, in that complex of U.S.—Soviet projects that have sprung up there, there is now one called Creating A Sober World, and they've been responsible for bringing the first (and first Soviet government sanctioned) Alcoholics Anonymous meeting into the Soviet Union.

Just last New Year's Eve the folks on Sacramento Street were having a New Year's Eve party with the Russians, via the vehicle of live video picture phone technology which allowed Sacramento Street celebrants to exchange slow scan freeze frame video pictures and hard copy polaroid-like snapshots with revelers in Gorky Park. (Consult the January '87 New Fillmore in your permanent collection for further details.) But just last month that same technology was being used to bring face to face recovering alcoholics from the U.S. and U.S.S.R.

The July slow-scan meeting, the first of what is expected to be a series of monthly meetings using this technology, was itself a follow-up to several live trips to the Soviet Union in which U.S. alcoholics in recovery shared their process of getting well with Soviet alcoholics and health care workers charged with the responsibility of treating alcoholism.

The project was launched in 1985 as the result of the convergence of the Sacramento Street based Center for U.S.—U.S.S.R. Initiatives, an umbrella organization which connects various common interest groups in the two countries, and some individual members of Alcoholics Anonymous from southern California acting on their own initiative who had come together under the leadership of a woman named (brace yourself) Faith Strong to form a committee called Creating A Sober World. Faith had a vision and a goal to have the first Soviet government sanctioned A.A. meeting in the Soviet Union by June of 1986, but no real idea as to how to go about doing it. They made several attempts at getting something started, including writing the U.S. ambassador to the U.S.S.R. and Nancy Reagan, and at one point some committee members got as far as San Francisco and were driving around Green Street trying to work up enough sober courage to go into the Soviet Consulate and make some initial contact, but couldn't quite bring themselves to do it. The two organizations came together in May of 1985 when Sarah Seybold of the Initiatives Center, who is now Creating A Sober World project coordinator for the Center, was in southern California on business and was introduced to Faith.

Sarah was already in a highly receptive state to



Sarah Seybold, project coordinator for Creating A Sober World, at the Center for U.S.-U.S.S.R. Initiatives offices.



Nikolai Chernykh, First Deputy of The Sobriety Society in the U.S.S.R., sits with a reporter from Youth Pravda, listening intently over slow scan videophone to two recovering alcoholics on Sacramento Street reporting on their own process of recovery. Alcoholism is a big problem in the U.S.S.R., and The Center for U.S.-U.S.S.R. Initiatives, a U.S. citizens diplomacy organization on Sacramento Street, is putting U.S. recovering alcoholics in touch with the Soviet Union through a project called Creating A Sober World.

entertain such a project. The child of an alcoholic family herself, she had also made several trips to the U.S.S.R. on other Center projects and had struck up a close personal friendship there with a Russian attorney who died of alcoholism. She also knew the Russians were gravely concerned with alcoholism as a social disease, and open to new approaches. It was quickly decided that Creating A Sober World would become an Initiatives Center project.

By November of '85 Sarah took Faith on her first trip to the Soviet Union to lay the groundwork for a trip the following spring. Then in April of 1986, in Kiev, two months ahead of schedule and, as it happened, just shortly before the Chernobyl disaster, Faith saw her dream realized when the first Alcoholic's Anonymous meeting, was held by 32 individual members of A.A. in a gymnasium in front of 150 Russians.

The effect on the Russians, to hear Sarah tell it, was electric. A connection was established they didn't want to break. "They walked us home," Sarah said. "And they told us about their own issues, the things that they were working with."

Key to that electric sense of connection is the undoubtedly often shocking (to forgive a pun) degree of personal disclosure which characterizes meetings of Alcoholics Anonymous. For anyone used to the socially programmed, buttoned-up yuppie world in which it is important to be cool at all times despite whatever may be grinding away inside, and perhaps to be so cool one isn't even *in touch* with what is grinding away inside, an A.A. meeting in which a guy in a three piece suit gets up and calmly tells a bunch of people he mostly doesn't know how he's screwed up his life with drunk driving arrests and wife beatings and lost both his license and his spouse, is a shockingly intimate form of social behavior. It can have the effect of either totally turning you off, or flooding you with a sense of relief that you are not alone in the world as a person who has problems. To the Russians, who idolize social programming the way we idolize freedom, such a degree of personal disclosure and admission from perfect strangers is undoubtedly even more startling to hear, and it could be expected that the effect on them would be even more pronounced. It did not turn the Russians off, but apparently deeply turned them on. Yes, we are not alone. Yes, in the United States they have this problem also, and they fully admit it. So now we can talk about it. What do you do? How do you handle it?

This kind of questioning characterized the slow

scan meeting between Sacramento Street and Moscow.

On the Sacramento Street side you had two members of A.A. who had become interested in the project sharing their own personal experience of recovery. On the Moscow side there were also recovering alcoholics, plus the First Deputy of the Sobriety Society, and a reporter for Youth Pravda. How, the Russians wanted to know, did people find out about A.A.? Who sought out whom? What were the meetings like? What did people talk about? Was it possible to go from being alcoholic to being an occasional drinker, or did you have to give up alcohol completely? Above all, how did it work and why did it work? There was not time to answer all the questions the Russians were asking with clearly deep interest.

And the most difficult aspect of A.A. for the Russians to grasp may be the very one which makes A.A. work—the fact that at the core it is a spiritual practice. Since Russia is an officially athiestic country, there are some barriers to overcome. But inroads are already being made in making distinctions between spiritual practices and religious ones, and A.A. references to a Supreme Being are generally broad enough that some suitable translation into Russian of something like "Creative Force," or maybe "creative force," may prove to be acceptable.

There will be time and opportunity to work such things out. Four more trips to the Soviet Union are planned over the next 12 months, beginning with one in October, and there is a Soviet visit to the U.S. scheduled for next year. The videophone meetings are also scheduled to continue on a regular monthly basis, and the next one of those will be held on Saturday, August 15 in conjunction with a two day celebration and reunioin of recovering alcoholics who have traveled to the Soviet Union together. Members of the public are invited to this event, which includes an authentic Russian dinner and live entertainment. Anyone interested in attending should contact Sarah Seybold at 346-1875.

Whatever the outcome of this on-going effort, it is refreshing to see an approach which stands in total contrast to the way the governments of the U.S. and U.S.S.R. posture at each other.

"It's wonderful to see U.S. and Soviet recovering alcoholics share their vulnerability," Sarah said. "people that have grown up thinking of each other as enemies are suddenly finding that in fact they have common problems, and common dreams."

—David Ish



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## Up and Down The Fillmore by David Ish

Miracle Baths, after 10 years on Fillmore Street finally had their lease expire and packed it in—with a heck of a party. They went out in style, with farewell graffiti all over the walls. They were a unique part of our community here, and will definitely be missed by many...I appreciated Annie Coffelt's retrospective article this month in *The New Fillmore* on The Summer of Love (yes I do get a chance myself to read the paper occasionally, that's why I'm loosely referred to be my staff and other neighborhood characters as the "editor.") She puts the lie to Robin Williams famous comment that "anyone who remembers the 60's wasn't there." The neighborhood, with its jazz scene parallel to all that was going on and overflowing from Bill Graham's, was unique in its way then as it is unique in a different way now. I remember passing through the neighborhood briefly myself back then, before I came to settle here some 10 years later...the neighborhood is not as racially mixed now as it was then, or as it was even 10 years ago when I first came here, or even 5 years ago, and I miss the vitality of that. At the same time, I'm also glad to see that the Tishman project, otherwise known as The Fillmore Center, has gotten the necessary financing to go ahead, finally replacing the disgraceful waste of the vacant lots created 20 years ago by the war on poverty, with 1100 housing units, a couple of hundred of which have been set aside for moderate and low income housing, perhaps thereby providing shelter for some of the grandchildren of the people who were turned out by the demolition, in fulfillment of James Baldwin's prophetic phrase that "urban renewal is negro removal." It is a disgrace that there is not a bank in town that would loan Tishman the money for his gutsy and visionary project, and that he had to go back east for it. It is

a further disgrace that Mr. Tishman is not a local boy but had to come from Columbus, Ohio to make it happen for us and show us how things could work...Despite some serious efforts at good public relations, UCSF has gotten itself into a serious legal tangle with the Laurel Heights Improvement Association over the safety of installing a biomedical research facility at its Laurel Heights campus. The Court of Appeal has upheld an appeal by the Association and shot down the environmental impact report UCSF prepared on Laurel Heights as "woefully inadequate." It appears likely that unless the State Supreme Court both chooses to hear the case and then finds for UCSF, that another E.I.R. will in fact need to be prepared. It is easy and sensible to suggest that the University huddle with the Association and develop whatever safety measures it would take to persuade the Association to drop its suit. But it does not appear the Association wants any research conducted at that site, or would be open to any compromise. Suspicion and mistrust run high, and part of the cause of this climate undoubtedly is the peculiarity that under the law the University, because it is a public agency, is charged with the responsibility of developing its own environmental impact report, rather than having the responsibility for the E.I.R. fall under a third agency with some governing or regulatory responsibility over the University, such as the Department of Health Services. If the University were in the private rather than the public sector it would not be allowed to prepare its own E.I.R. because it would automatically be assumed that such a report would only be self-serving. It is a mistake to think the issue of self-interest can be removed simply because an agency is a public one and not a private one. The only way the issue of self interest can be made to go away in a situation like this is to make a second public agency accountable and responsible for generating the E.I.R. This requires a change in legislation, but an important procedural issue has been raised in the Laurel Heights controversy in addition to the safety issues, and hopefully, an important lesson can be learned from it.

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## Fillmore Food and Wine

by Ed Schwartz



### Taking a flying fling

On the Road to Mandalay  
Where the flying fishes play  
And the dawn comes up like thunder  
Out of China, cross the Bay.

There I was, minding my own business, sitting at the bar PacBag, enjoying a bottle of Anchor Wheat Beer (light, heady, yeasty) and a set-up of caviar (golden, salty, crunchy) when "D" for Deadline Ish came bursting in. "Schwartz," he said, breaking the stillness at the bar, "I knew I'd find you here. Get over to this new store, the Flying Salmon, and get me the scoop."

Flying Salmon? I couldn't believe it, I thought maybe I was hard of herring, but that's what he said.

On my way over toward Sacramento Street, I had thoughts of Rudyard Kipling and "On the Road to Mandalay." My mind immediately conjured up a vision of Mandalay. Yet, it was a pretty muddled vision. Why, I wondered? Probably because I've never been to Mandalay. Right, it was the song. Snatches of the song came to my mind. "On the Road to Mandalay, where the flying fishes play." Now, I'm getting the picture.

But when I arrived at the store, at 2512 Sacramento, it wasn't anything like I imagined. It's a store that sells salmon. It's an American original. A modern, clean-as-a-whistle store, that specializes in salmon—fresh, smoked, chopped; you want salmon, they have salmon as well as other smoked fish, 16 different kinds, fresh prawns

and varieties of caviar. That's my kind of place!

Manager Jean-Louis Marechal gave me the scoop. The store is the prototype of what may be several throughout several cities in the United States. The financing comes from a Japanese firm that specialized in rapid courier services in Tokyo, and then developed a very successful salmon and melon business in Japan. Jean-Louis informed me that melon is a big delicacy in Japan and from this venture the company developed a catalog business with emphasis on gourmet fish items.

Flying Salmon had no less than eight versions of salmon at the ready. Beautiful fresh salmon and six varieties of smoked salmon and a tasty poached salmon salad. And I got to try just about everything.

The marinated salmon was done in a very light olive oil marinade with thinly sliced onions and pepper at \$14.50 a pound. The Canadian salmon at \$23 a pound was light and not overly salty as was the Alaska version at \$14.50 a pound. Two different styles of Norwegian salmon were available at \$23 a pound and there were two types of smoked salmon from Scotland, with that beautiful red color that is so highly prized. The Scottish salmon was top-of-the-line at \$29 and \$32 a pound, but the difference in color and taste was evident. The fresh, and I mean really fresh, salmon steaks were \$6.95 a pound and the salmon salad was just \$7.95.

The Caviar section is quite varied, with Russian caviar including Beluga, Osetra, and Sevruga, as well as salmon roe and a very small grained Tobiko, a caviar from Japan. Absolutely wonderful was the smoked sturgeon and smoked eel, which I tasted, as well as herring, and kippered halibut, which I didn't sample.

One of the delights of the store is a high-tech sushi machine which turns out sushi in superb

Continued on page 14



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## On the wall and off-the-wall: art and art galleries

*In an unprecedented attempt to enhance, if not downright raise, the cultural level of the entire neighborhood, The New Fillmore each month provides our readers with the skinny of who is hanging what artists in our local galleries.*

**WILLIAM SAWYER GALLERY** (3045 Clay Street between Baker and Broderick; Open Tues.-Sat. 11 am-6 pm. Phone 921-1600): After last month's three-man "Introductions" show, the William Sawyer Gallery is back to its usual format of one man shows, this month featuring Pacific Northwest Artist Keith Monaghan. The William Sawyer Gallery has hung Monaghan before, but this is their first offering of him in a one man show, and the work here is a significant departure from his previous abstractions of Pacific Northwest regional landscapes. While carrying forward the murky but iridescent pastels that have characterized his previous work, Monaghan has gone into the past to pay homage to such great masters as Renoir, Cezanne, and Brugel, capturing the shape, form, and sense of light of some of their most reknown figure paintings, while casting them in contemporary and western dress. In fact each work in the 15 picture hanging is called "homage." Honored and translated masterpieces include Renoir's "The Boating Party," Brugel's "Hunters in Snow," Cezanne's "Cardplayers," and Vermeer's "Young Woman with A Water Jug." In addition to altering color and dress, Monaghan also frequently focuses on a closer crop of the original painting, so that the overall effect, even to the experienced and familiar eye, is the sense of seeing something new which at the same time has

an eerie sense of the familiar about it. The Monaghan acrylic-on-canvas originals sell for \$2000 to \$3500, and there is a video of him available for viewing at the back of the gallery. This is a highly original artistic exploration by this artist of the present and the past, and he has done in a sense with the visual medium, some of the things T.S. Eliot has done with poetry. It is very worthwhile seeing.

**PRIMITIVO GALLERY** (2241 Fillmore, next to the Clay Theatre; Hours Tues.-Sun. 10 am -6:30 pm phone 563-0505.) Opened in May, Primitivo is the first gallery in San Francisco dedicated exclusively to quality naive and folk art from both North and South America, and features work from the United States, Central America, Brazil, and Haiti.

This month, as last month, Primitivo is featuring folk art from the southeastern United States. "Southern USA" features 25 artists and over 50 pieces in this ever changing exhibition. Residents of the deep south, virtually none of the artists have every received any formal training, but compulsively produce paintings and sculptures while working as loggers, field and mill hands, ministers, and housewives.

**MESA GALLERY** (2178 Bush Street, between Fillmore and Webster; open Wednesday through Saturday from 11:30 am to 5:30 pm and Sunday noon to 5:00 pm. 921-3592.) Opened in June, this gallery features works of both southwestern and California artists, and has a predominately southwestern flavor, reflected not only in the paintings but in the wide scrubbed and bleached wood floor and adobe white walls. This month the gallery is featuring the work of gallery co-owner Ron Megorden, whose paintings used to hang in the Farnsworth gallery when it was here on Fillmore Street. Megadorn's paintings reflect his 15 year sojourn in Arizona where the vast space, varying textures, colors, and the pervasive sense of

erosion that characterizes the region have permeated his expression. His paintings are a contemporary expression of a very ancient past, and it is the tension between the modernity of the form and the antiquity of the content that engages the viewer. Acrylic on canvas, the paintings range from \$1600 to \$2800.

**DUQUETTE PAVILLION OF ST. FRANCIS OF ASSISI:** (1839 Geary Blvd., between Fillmore and Steiner; Hours 11 am-4 pm Wed.- Sun. Suggested donation \$4, students \$2, seniors, children under 12 free; free admission for all on the first Wednesday of every month .Phone 563-7341.) A vast spectacular celebratory environment of found object sculpture, tapestry, music and narrative poetry, woven into a macro-collage tribute to St. Francis.

**BRIDGE OF BEAUTY:** (2426 Fillmore between Washington and Jackson. Hours Wed.-Fri.. 11 6 pm; 11 am- 8 pm weekends. Phone 567-3811.) This gallery, which is devoted to the visionary arts, this month is featuring the work of Ki Fujinaka. Ki works in visionary surrealism, forgoing any preliminary drawings to plunge deeply and directly into a spontaneous, free-flowing airbrush technique that still yields a sense of fine detail, edge, and reflection in crystalline, global and free forms of softly blended but clear and translucent colors.

**HANK BAUM GALLERY:** (2140 Bush Street, between Webster and Fillmore. Hours: Noon- 6 Mon.-Fri. Sat., by appointment.) Through August 28 the Hank Baum gallery is showing original prints of Nathan Olivera, a California artist who started exhibiting in major international shows in 1951 and has had over 700 major solo exhibitions. A major exhibition of his work was organized by the San Francisco Museum of Modern Art and put on national tour in 1984. Olivera is among those California artists who have returned from abstract expressionism to modern figurative painting.

August  
Paintings  
by  
Ron Megorden

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## "La Bamba" rocks 'em at the Kabuki

One thing is for certain, when the audience walks out of the movie *La Bamba*, now showing at the AMC Kabuki, they're singing. More than any single actor, the star of *La Bamba* is rock and roll — the strong, fresh early rock and roll of the late 1950's. And the music alone is enough reason to go and see this movie.

La Bamba tells the story of the brief life of singer Ritchie Valens (excellently portrayed by newcomer Lou Diamond Phillips). In 1958, while he was still in high school, Valens catapulted to rock and roll stardom, with three hits in one year: "Donna" "La Bamba" and "Come On, Let's Go". One year later, at the age of 17, he was dead; killed in the same plane crash as Buddy Holly and the Big Bopper while on a national tour. What's important about Valens' limited and meteoric career and gives whatever meaning there is to the film was his ethnic roots. Valens, born Ricardo Valenzuela, grew up as a migrant farm worker in the Central Valley of California and then later moved to a barrio in the San Fernando Valley of Los Angeles. He became one of the first Hispanics to achieve stardom with a mainstream audience, although he was forced to downplay his ethnicity by changing his name.

Whatever sacrifices of identity that Valens had to make and any discrimination that he encountered is handled subtly, perhaps too subtly, by the able director of *La Bamba*, Luis Valdez. Valdez, who while making the movie discovered that he had actually picked apricots with Valens and who now feels a deep kinship with him, has clearly chosen not to make this a movie with a message about racial bigotry. During the scene in which Valens is asked to change his name, for instance, the record promoter when suggesting the name Ritchie Valens, says: "It could have been worse; you could have been Ricky Zuela." But it couldn't have been: Zuela would still have been Mexican,



"La Bamba," about the short happy life of Ritchie Valens, and starring Lou Diamond Phillips is a hot, hot, jumping early rock movie now on one of the many screens at the Kabuki 8.

and the point was to obscure the fact that Valens was Hispanic.

reinforced by the tag line used in the advertisements: "An American Success Story."

That is not to say that Valens doesn't encounter some bigotry. The father of Valens' blonde, blue-eyed girlfriend, Donna, doesn't want her to date him. But even here the reason is only obliquely mentioned. "What is he, an Italian?" the father asks sarcastically. And even this is obscured by his objections to Valens being a "rock and roller" and the wide disparity portrayed in their economic status.

Instead, director Valdez lets Valens' story speak for itself and any message that may come across comes from the inspiration of a Hispanic kid rising from stoop labor to stardom. This is

This light-handed approach to the ethnic tensions may result in younger viewers missing these tensions altogether. But while they may be lost on some in the mainstream audiences, they will probably not be missed by the large Hispanic audiences that distributor Columbia Pictures hopes to generate for *La Bamba*.

For *La Bamba* represents a new approach by the large film companies to reach the Hispanic market in America. For virtually the first time, a major motion picture is being released simultaneously in its English and Spanish versions throughout the United States, with 67 prints being dubbed in Spanish and another ten in English with Spanish subtitles. Film companies have always treated the Spanish-language theatres as part of their international marketing, with the films being released many months after they have been shown to mainstream audiences. With *La Bamba* Columbia hopes to take advantage of any excitement and cross-over generated from a complete national release.

*La Bamba* also is a more sophisticated approach to the Hispanic market. Traditionally the films that have done best in this market have been action pictures with stars such as Sylvester Stallone and Chuck Norris. Columbia is counting on a younger, more aware Hispanic audience to respond to the upbeat story and the terrific music to make *La Bamba* a hit.

To give the story some tension since Valens' life was so brief, and his career relatively uneventful, director Valdez has focused on the stormy relationship between Valens and his half-brother. Valens is portrayed as the "good son," the darling of the family, always thoughtful, kind and obedient, while Esai Morales gives perhaps the

**Continued on page 22**

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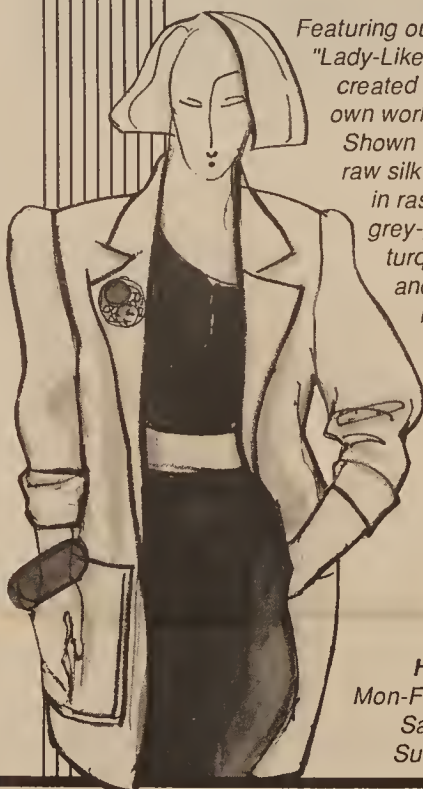
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The New  
Fillmore:  
After a  
Fashion

by Kathi Wheeler

## Well Browned

Clothes turn each fall, as variegated leaves, enriched and deepened into darker hues of red, gold and brown. This season-to- come, brown looks to be rising above black as the overall clothing color of choice. And interestingly enough, it's being paired with black in combinations that are anything but murky. Look for shades of chocolate, darker-colored mink and bittersweet, lighter-hued fawn and beige. Brown works like black—it's slimming, it's elegant, it looks properly minimal if you're into that, and it can take any zap of every electric color you can think of: An acid green reptilian leather purse, bright red gloves, oversized leopard skin and found-object earrings, a classic yellow muffler or scarf.

Shapes are long and narrow or every-which-way and short. Real short. Maybe it's been the summer of love, but nostalgic designers and ready-to-wearers are post-humorously reviving Twiggy look-alikes for the winter of legs. In stores by the end of August, short skirts range from casual knitted versions meant to be worn over leggings, to dramatic evening fabrications meant to be worn with furs. Somewhere in the middle lies day dressing—suit skirts hike up over the knee to any length you feel comfortable in, although the shorter ones probably won't enhance "the distinguished profile" you've so carefully cultivated at work.

Short skirts, this season, are a fact of life. How short can be determined by: The situation at hand. The weight of the fabric or the proportion of the total look. The legs involved in the skirt-wearing. Worn with black or brown or dark-toned hose, the shorter skirts seem to compensate for their lack of length with additional decorum. Patterns are mixed, running more toward tartan or glen plaids, pin stripes, herringbones or checks, and other classically disposed, traditional suiting fabrics. Anchored with some of the new waist-fitted jackets, this kind of "suit" comes off much sexier than the old menswear versions, while the choice of fabric and pattern keep the cut under wraps.

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Maybe you've already noticed, but weekend-style clothing creators are into acid. Acid-washed cotton denim and chambray have been called blue genius by some—the new stressed fabric has knocked the jeans industry up yet another notch in their quest to keep us constantly buying blue. Acid-washing, as I understand it, means a chemical bath is given to the finished garment, causing a breakdown in the dye and actual weave, resulting in a blue/white blotch pattern that stays darker on the seams, with an overall fabric softness unusual in untreated denims. You'll find it used everywhere, not only for oversized jackets and jeans, but for bustier dresses, asymmetrical short-skirted suits, overcoats, hats. Stressed in this fashion, the fabric becomes much easier to wear because it contours more softly around the body.

Against the above buttoned-down colors, baubles and wide-cuffed bangles will break the mold. How about unique, one-of-a-kind, exotic jewelry? Imported or local handmade pieces can be strong; old jewelry from the forties and fifties is particularly striking—check out VANITY FAIR at 2502 Clay Street for vintage collections from the twenties to the sixties.

The beginning of August is the turning-point for seasonal fashion changes here in The New Fillmore. At press time, it was a bit early to know exactly what would be in-store by the end of this month. Consider the above a fashion reconnaissance, until fall clothing dots our local terrain.



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## To Mousse or Not to Mousse?

Hair styling aids — how could we live without them? We might have to go back to setting our hair! I'd shave my head first!!!

Let's explore styling aids — those miraculous sprays, gels and mousses that give lift where you had none, texture where you need it and beautiful, healthy shine. To make them work for you, you must find out which styling aid is right for your hair and learn how to use it correctly. Styling aids can help you change your hair dramatically, easily and quickly

**MOUSSE:** For lush texture, the ultimate bodifier, mousse brings out waves, fluffs your curls, creates fullness and lifts your style to your own fantasy. La Coupe makes three great mousses: "Regular," "Extra Hold" and a new "Sleeking Mousse" that smoothes and shines curly hair. Jerome Russell makes "Hair Lightening Mousse" that will lighten your hair gradually as if you spent the summer in the sun, and at the same time gives your fullness.

All the mousses I mentioned are professional formulas and therefore are highly concentrated. Use very little—too much will weigh down your hair. The best way to use mousse is to put a small amount in one palm and use the other hand to apply a silver dollar-sized dollop at the scalp, where you need the lift. "Scrub" the mousse into the roots, then work it out to the ends with your fingers— they'll have enough mousse on them to thicken ends and ease styling.

**SPRAY:** Most of us can't live without it -- the good news is that professional hairsprays contain ingredients that give you natural, non-sticky hair with holding power like never before. Professional sprays come in two basic formulations: fast-drying for strong lift (such as Sebastian's "Shpritz Forte" or "Root Lift" by Oggi) and finishing spray for overall holds, such as Mastey's "Fixe."

**LOTION:** The lightest of the styling aids, lotion is a must for fine, fly-away hair that can't support its own weight. It will make your thin hair look more abundant and beautiful without weighing it down. One of the lightest is Mastey's "Designer" lotion — regular. A new one is by "For Perms Only," formulated to maintain permed, colored and chemically treated hair, leaving no build-up. Apply a small amount to thoroughly towel-dried hair and comb through. When dry, brush through.

**GEL:** For high-impact hair, gel's the thing. It lets you move and mold, shape and point your hair into a style created just for you. Use gel to get an effect — slick the sides back closely, accent a tousled top by gel tipping ends, etc. The newest look is hair that has been slicked back smoothly into a ponytail with a fabulous clip. La Coupe is still my favorite all-purpose gel, but if you want incredible hold, try "Hi-Contrast" Gel by Sebastian. It's amazing! For Perms Only makes "Styling Gel" with total flexibility and no flaking. Sebastian's "Slicker Gel" is applied on dry hair to create or highlight shapes, saves, fringes and to maintain a slick, ultra-shiny look.

Never apply gel directly to your hair. Instead, rub it on your fingers and run them through your hair — you'll use just enough.

**GLAZE:** Shine and Style—hat's the beauty of glaze. With holding power between a lotion and a gel, glaze is an all-purpose style controller that adds shimmer to the dulllest hair. It works well on most hair -- it's great for long or mid-length styles. Peter Hantz makes two glazes -- the newest is "Moisture Glaze II"

**POMADE:** A centuries-old hair beautified in a thoroughly modern formulation, pomade is responsible for the ultra-shiny, fashion-forward styles you see today. Pomade creates maximum shine on any type of hair. The idea came from the old "hair dressing" Grandma used to use, but the difference is pomade's unique chemistry. It shines hair without the hair becoming greasy. La Coupe's "Glossing Wax" is a styling and finishing tool which can be used as a supplement hold to gel and mousses when applied lightly over them. Put a dab in your hand (you don't need much) and warm pomade by rubbing your palms together. You'll notice that it changes almost instantaneously to a translucent cream. Then, use your fingertips to sculpt out ends around your face, and

shine the sides.

The lesson is over -- now you know what to do so you won't have to shave your head !!!

All of the products recommended in "Looking Good" are available at all BEAUTY STORE locations, (Fillmore Street and three others). If you have any questions, come by and our experts will point you in the right direction!

"Looking Good" appears monthly in *The New Fillmore*.

## FLYING SALMON

From page 9

form. I thought I had seen everything, but not a sushi machine.

The store is still feeling its way between the Japanese sense of what San Franciscans might want and what San Franciscans might want, but it is a new venture and there will be experimentation along with growth. Right now, Flying Salmon also does catering in a major way and very likely will follow into high class catalog sales as well.

The store is open Mondays through Saturdays, from 10 a.m. to 6:30 and on Fridays until 7. Plans are in the works for Sunday openings as well.

The unusually attractive store was designed by Decamp and the outstanding graphics and murals were done by Doug Suma. A visual and taste treat and one of the most unusual stores you'll ever visit.

That's it, except, I think I've got new words to the song—with a lot of apologies to Kipling.

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*Ed Schwartz is a bon vivant and foodwriter extraordinaire who writes about food & wine events in the neighborhood. Unlike David Ish, he is not a poet.*

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## Putting Nutrition First

by  
Dr. Richard Kunin

### Megavitamin therapy for high cholesterol

Megavitamin therapy was named at a time when atomic testing was being measured in megatons of explosive force in the 1950's. The word means literally, "million", as in million times more power. In megavitamin therapy, however, the increased doses are usually only 10 to 100 times larger and seldom up to 1000 times larger than the recommended RDA doses.

For example, niacin (vitamin B3) treatment of schizophrenia was found by Drs. Hoffer and Osmond and other pioneer researchers to favor recovery in acute schizophrenia at a dose of half gram to 40 grams per day. This is at most a two thousand-fold increase over the RDA of 20 mg. per day.

While there has been controversy regarding the safety and efficacy of such treatment, the American Psychiatric Association researchers who issued a Task Force Report on Megavitamin Therapy did not dispute the existence of large numbers of mental patients who were significantly helped by niacin. Somehow it has not become a mainstream medical treatment.

Now we have a major revolution in megavitamin

therapy, a result of a re-analysis of a study of 8000 men treated with either niacin or four other drugs or placebo after a heart attack. The niacin treated patients lived on an average 2 years longer after a nine year follow-up period.

As a result, The National Heart, Lung and Blood Institute and the National Institute of Health sponsored a consensus conference which was published in the JAMA in 1985 (p. 2080-2086). They concluded that every effort should be made to lower cholesterol levels, using dietary means and if this failed, to use niacin. The pendulum has swung on the issue of megavitamin therapy. What was out before is now in. Niacin at a dose of 3000 mg. per day is recommended. It is no longer controversial but is, in fact, the standard of care in the treatment of high cholesterol and lipids in the blood.

Furthermore, niacin in combination with a bile binding agent (cholestipol) has now been demonstrated to reverse atherosclerosis, ie. to cure hardening of the arteries. In this study by Dr. Blankenhorn's group at the University of Southern California, X ray pictures before and after the treatment document the improvement.

Most of us do not wish to undergo the ordeal and risk of arteriography, the injection of a dye into the arteries and multiple x ray pictures to study the condition of the vessels. It is enough that recent studies show that blood cholesterol over 180 mg per 100 ml of serum correlates with increased risk

of coronary artery blockage and heart attacks. For example, in a sample of 79,000 men, age 44 years, of those with cholesterol in the 180 range, the mortality rate from heart attack was only 1.3 per thousand. This went up by 77% with cholesterol to 202, 154% to 221, 269% to 245, 485% over 245 and 562% over 263 mg. of cholesterol. Now, here is the rub. The method of determining cholesterol is not necessarily standardized to

Continued on page 20

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## HILLHAVEN





## The Interior Life

by J.D. Dangerfield

### Floors that go all the way to the wall.

Much like our often forgotten feet, floor surfaces have suffered egregious design abuse and neglect due, in no small measure, to the fact they lie due south of our normal field of vision (i.e., San Francisco vs. Los Angeles.)

Very often, a room is built around a specific kind and period of furniture (either existing or predetermined). In such cases, the floor treatment is typically the final thread of the tapestry and is pedestrianly provided a very non-partisan role to play in the script and is not even invited to participate in the curtain call. This is such a waste of valuable and significant design space; significant because it provides the plate on which the menu is served. Different cuisines call for varying platters and each design theme, in like manner, should be "served up" in equally unique and distinctive fashion.

Floor fashion took a giant step forward, commercially speaking, when wall-to-wall carpets were introduced to the public. Those who decried for years stark wooden floors and loose-lay rugs had, at that point in time, their prayers answered. Convenience, durability and luxury, at long last! And that euphoria, too, was seemingly short-lived. Soon, there seemed no spark in pile or plush or even "shag." This was due in part to the fact that there is no intrinsic beauty in a sea of monochromatic carpet fibers, however sculpted. Unless interrupted with a custom border or interesting pattern on a background of supple color, wall-to-wall carpeting is nothing more or less than an effective sound retentive cushion.

Now there appears to be an inclination to dispense with the minimal maintenance full floor covering and abandon to the truly more aesthetic (and definitely more care-oriented) natural and hand-hewn floor designs as decoration in themselves. Clays, rocks and tiles are being seen in more and more forward-thinking floor designs. And hardwood floors are being patterned, pickled and stenciled. We are finding an abundance of attractive, affordable and accessible area rugs for use as design focal points and geographic boundaries. Also, there is a sweeping encouragement to utilize the same floor treatment not only throughout the entire home, for instance, but as a lead-to-outside the main entrance and

adjoining and adjacent patio, terrace and deck areas. Visually, personally speaking, this is an exciting and subtle way of making a home tremendously expensive (no, not expensive). Too, with a uniform and consistent floor design, it creates a tight unification of the overall design theme which is a proven winner for relaxed and comfortable living.

Whatever style your existing home or projected dream home, accentuate your canvas by including your floor systems into the priorities of your design. Such a vast working area can, if appropriately addressed, enhance your living space to such a degree as to exceed any other singular element of design.

*J.D. Dangerfield is the owner of Le Temps Perdu on Divisadero, an antique and vintage consignment store.*

### UCSF/Laurel Heights

From page 2

reviewing the UCSF brief characterized the study to *The New Fillmore* as "self-serving and ridiculous." She said that quantities used in the study were 100 to 1000 times less what would be emitted into the atmosphere once the University had its proposed research facility fully in place at Laurel Heights. She also stated the study failed to address the hazards of radioactive leaks at the site itself, and further stated that UCSF had been sited in March of this year for 33 violations of radioactive work rules at the Parnassus campus, and was unable to obtain a permit from the Department of Health Services to use radioactive materials at Laurel Heights because the matter of these violations was still not cleared from the record.

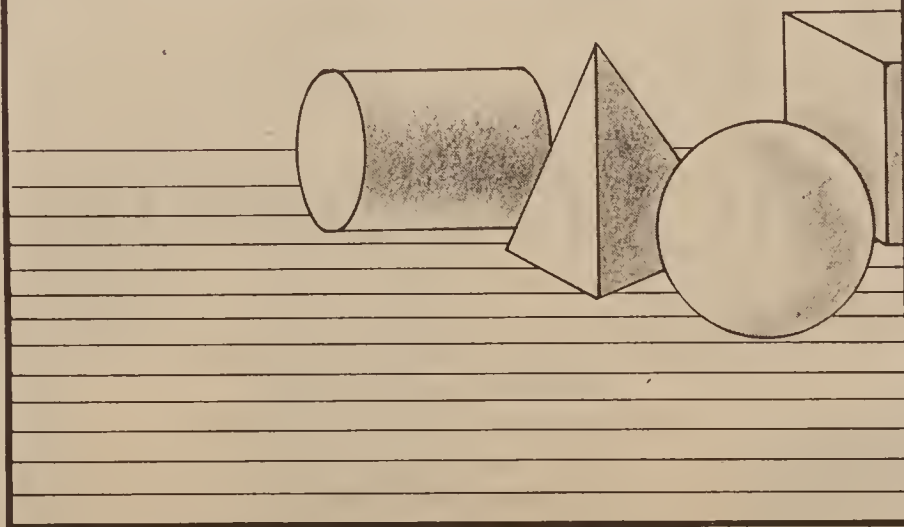
Ethan Schulman, attorney for UCSF said in response that the concern of the University in providing the new evidence was principally to show that the immediate present level of operation was safe, inasmuch as expansion beyond the present level could not in any case be anticipated for the year to year - and - a - half it would take before the matter of whether or not the University could in fact expand its present level of operation was sorted out by the judicial process. Schulman also characterized the radioactive work rule violations as mostly technical in nature, and having primarily to do with record keeping rather than any hard core safety issues.

Nevertheless, the University appears to have a tough legal battle on its hands. The Neighborhood Association is proceeding against UCSF in separate causes of action in addition to those indicated above, and while the University has a motion before the appeals court for a rehearing on its environmental impact report, it is quite likely that it will have to appeal the issue to the State Supreme Court which could well decide not to hear the matter for any number of reasons, in which case UCSF would be remanded to a trial court to produce a new environmental impact report. And if that environmental impact report proved unacceptable to the Neighborhood Association, they could simply file another law suit.

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## SUMMER OF LOVE

From page 5

Buxton who worked at KGO in public affairs and had a radio show now owns the South of Market jazz club 'Milestones,' and Ed Rice and Rip Ridley of the EOC, and Bunny Simon, who worked in the anti-poverty program." As the list grew, she mentioned the City's former CAO and current Mayoral candidate, Roger Boas. Berger explained, "He was just an interested neighbor dropping in to have a cocktail and see what was going on." The interview concluded with a wistful and poignant statement, "Everything was very hopeful and wonderful in those days. Some people say we were very naive to think we could change things, but who would have imagined then, we'd have an epidemic called Aids and women and children living on the streets? It's very disillusioning now and life is very different."

Carol Ayers, a long-time resident and chronicler of the Fillmore scene is now working on a book, "Minnie's Can-Do," an oral history of the neighborhood, focusing on the events and patrons of the "Can-Do." When completed, this book will be an invaluable social history of the people, music, poetry, and political activism which took place in the Fillmore during the late '60's and early '70's. Quoted from Ms. Ayres' book, is former sheriff and now Supervisor, Richard Hongisto, born and raised in the Fillmore. "It was a neighborhood where black and white and yellow mixed. It was a good time, a good place."

### BUSINESS WASN'T AS USUAL

Commerce on Fillmore Street was equally as unique as it is now. In those days there was a cigar store which sold racing forms and was also a great place to hang out; a grocery at the corner of Fillmore and California called by everybody who shopped there as simply, "The Chinese Store." Sonny Lewis, our resident saxophone player remembers "Florence's "5¢ & 10¢" store

where Fillamento is now," and when asked what he missed most about the neighborhood in those "Summer of Love" days, his response was "Ten dollar lids," a product never sold in local stores. Max Cologna of the Bi-Rite joked about running a liquor store in 1967: "Yeah, it was the 'Summer of Love' and I used to wear a '45 on my hip, but it wasn't that bad," he mused, "it was just different."

Browser Books is located in a building with an illustrious link to a San Francisco musical superstar, according to Browser employee and literary guru, Fred Martin. Martin explained that "Carlos Santana bought the building where Browser is now to build a recording studio after the Straight Theater on Haight Street closed." One can only imagine, what it must have been like, then, with the beat of "Black Magic Woman" on Fillmore.

Less than a decade ago the old Asia Cafe transmogrified to become the Elite Cafe, an apt name change in light of the gentrification of the neighborhood. Luckily a few institutions still endure, albeit relocated, like Leon's and Osome, while the Bi-Rite, D & M Liquors and The Clay Theater have held firm, at their respective corners and The Grand Central is still grand and still central between Fillmore and Steiner.



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While the Fillmore was perhaps not widely known as a contributor to the events and ambience of this hippie movement captured in a media created time capsule called "The Summer of Love," it was, nonetheless, a living laboratory for what those days represented: brotherhood among diversity; blacks and whites; Japanese and Chinese; Jews, Catholics and Baptists; young and old; hip and straight.

—Anne Coffelt

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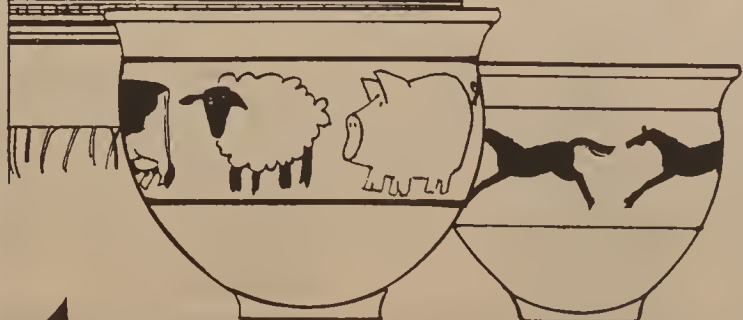
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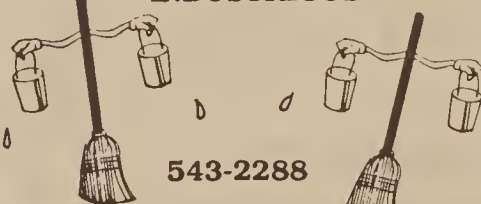


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# Chester, California—explore the old west

I recently returned from an annual 4th of July journey to Chester, California. Chester is a town located approximately 200 miles northeast of San Francisco on the perimeter of Lassen National Park. Although I am somewhat reluctant to share one of my favorite 'undiscovered' places, I thought you would enjoy my impressions of an authentic western pioneer town.

We drove to Chester through Chico, that beautiful, tree-lined college town of Herb Caen's Gourmet Velveeta fame. Leaving this valley full of nut and fruit trees and chaparral, we climbed through boulders, forests and switchback, passing canyons with deep gorges cut out by age-old streams—occasionally spotting deer along the side of the road. A large lush green meadow dotted with cattle marks the final leg of our drive.

For centuries the area surrounding Chester, (which is north of the Feather River, south of the Pit River and west of Mount Lassen), was frequented by four Indian tribes during the summer months when the creek canyons were unbearably hot. These tribes were in existence when Peter Lassen (a pioneer, mountaineer, and originator of the Lassen Trail) and other settlers emigrated here in the mid 1800's. Many of these settlers started ranches with grants from the Mexican government. The gold rush of 1849 brought more white men into the region and by the late 1800's most of the Indians were either murdered or in hiding. In this area, the last 'wild Indian', Ishi of the Yahi tribe, was discovered and made famous in 1911. The actual town of Chester was established in 1894 with the naming of the post office—which was located on a dairy ranch/stage stop. The town grew into a summer cattle grazing territory and at one time in the early 1900's was known as "Little Reno" for its numerous gambling saloons, clubs and bordellos. In 1943 Chester became a mill town with the opening of a local sawmill.

Chester still bears evidence of times past—the streets through the center of town are wide—perhaps to provide more room to drive the cattle during roundups. The gambling saloons have been turned into restaurants and bars and the old 1912 Towne Corner Store, which at one time housed the grocery store, post office and library, is still selling convenience items.

Chester is surrounded by beauty. At 5,000 feet, the air is fresh and the sky a crystal clear blue. Lake Almanor, within a few minutes drive, is a gorgeous unspoiled 52 square mile lake sitting in the shadow of awe-inspiring snow-capped Mount Lassen. My favorite view is seen while waterskiing in the middle of the lake looking out to the pine-studded shores and mountain peaks. The lake was formed in 1917 with the damming of the North Fork of the Feather River. This action submerged much of Big Meadows, one of the guideposts for Peter Lassen on his journey through the mountains. The most recent growth in the region is on the north shore of the lake where a private company has developed a country club complete with security guard, pool, golf course, tennis courts, boat docks, and supervised beaches. It has been rumored (to the chagrin of some locals) that several celebrities have purchased homes here. A myriad of activities are offered on the lake, including skiing, windsurfing, and sailing. Fishing is fantastic here, producing an abundance of trout, bass and even salmon from Lake Almanor and the many surrounding smaller lakes and streams.

Another highlight of a trip to Chester is exploring Mount Lassen and the surrounding National Park and Caribou Wilderness areas. Lassen is part of

the Cascade range of mountains and is still an active volcano with the last major eruptions being in 1914-1917. Around the base and some distance up, there are boiling springs and crevices of volcanic action—columns shooting steam, smoke and gases rising 50 to 100 feet in the air. The numerous holes and fissures emit hissing sounds of escaping steam. For those of us used to hiking Mt. Tamalpais, this volcanic park is an exciting and different place to explore. One day we climbed a snow-peaked mountain and got a spectacular view of Mt. Lassen and Mt. Shasta, her sister volcano to the north. Another day we trekked into Drakesbad, a beautiful meadow where the Drakesbad Guest Ranch is located—the only accommodations within the park.

For the more adventurous and those of you who enjoy remote trails, the Caribou Wilderness, which juts up against Lassen National Park, is an impressive region to visit. With lakes named Jewel, Cowboy, Silver, and Snag, how could you not want to investigate?

After a day of trekking, sunning or swimming, another favorite pastime of mine is stopping off for old-fashioned ice cream sodas at the Chester Drug Store. Not only do I enjoy the delicious soda, but usually the local high school girls behind the counter regale us 'flatlanders' with the local news and gossip.

The 4th of July celebration in Chester is attended by thousands of people. The 11 a.m. parade (which always starts an hour late) is followed by an excellent crafts fair which is in turn followed by a log-sawing contest in the parking lot of the Chester Saloon. There is nothing like mingling in the crowd and catching the excitement of the young upstart loggers challenging the older and more experienced men.

Sawdust flying, ice-cold beer flowing, and a casual fun atmosphere make this a great event. That evening, if you have enough energy, you can join in the square dancing in the local park.

Continued on page 23

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## Personal and Business Financial News!



John Lee Hudson,  
Financial Specialist



Shana Hudson  
Retail Specialist

**QUESTION:** Are you the San Francisco couple mentioned in the July 27th "Newsweek Magazine", NEWSMAKERS SECTION, that invented the Ollie North Doll? If so, where can we buy them?

**ANSWER:** Yes, we came up with the idea on Tuesday, July 14th while on our way to eat breakfast at Lee's Cafe.

We are employed as business consultants by companies everyday to come up with million dollar ideas. This time we decided to come up with some ideas for ourselves. After the "Ollie Doll" will come the "Jesse Jackson Doll" and then we plan to make a "Mikhail Gorbachev Doll."

The price of the "Ollie Doll" is \$19.95 and will be professionally marketed by mail order. A \$3.00 charge will be added to that amount to cover shipping and handling. Of course all applicable sales taxes must be included. Those that read our column are welcomed to call us to be among the first to receive an "Ollie Doll."

We are open to investors who would like to consider joining us in this very profitable venture!

**QUESTION:** I am an attorney in this area. Last month you discussed patient surgery financing for physicians. Do you have any suggestions for my clients who would like to finance their legal fees?

**ANSWER:** Yes! Recently one of the major California Banks developed an unsecured line of credit from \$500 and up to \$10,000. The interest rate is 17.2% with payments spread over a period of 5 years. If you desire more specific information, please call. We can put this program into effect for you right away!

**QUESTION:** Your advice last month worked about how to negotiate with the landlord and get lower monthly rent on my new apartment.

Can you tell me how to get an unsecured loan to pay the first and last month rent along with the deposit?

**ANSWER:** Yes! We have developed some new unsecured loan programs as a result of some financial research with the major banks. Although our consulting fees are normally \$100 per hour, our first office visit is only \$50.00. Please call and make an appointment to see us so we can provide you with the specific information you need.

Each month we like to honor a business and the person there that is providing excellent service. This month we congratulate May and George for doing such a good and friendly job as owners of Lee's Restaurant.

We would like to thank all our readers for your questions and comments. Send them to:

**HUDSON & HUDSON**  
Business Consultants  
2590 Sacramento Street, Suite 101  
San Francisco, CA 94115  
Tel. 563-3052

## CHOLESTEROL

From page 15

these numbers. The data from the Lipid Research Clinics studies, upon which the statistics are drawn is based upon testing with a Gilford analyzer, which gives results about 15% lower than the usual method at hospitals and commercial laboratories, which use the Technicon SMAC or the DuPont aca methods.

The error is larger at higher levels. For example, a sample with cholesterol of 250mg/100 ml by the Gilford analyzer was equivalent to a Technicon result of 285 and a DuPont result of 301 mg/dL. That is a 14 to 20 per cent difference. It is remarkable that it has not been taken more seriously before now. The Journal of the American Medical Association published an article about this only recently, in November 1986.

Should you know your blood cholesterol? Yes. Should you treat with niacin? Yes, if you are in the high risk group (over 240 mg. by Lipid Clinics - Gilford method). But there are unpleasant adverse reactions, such as skin flush, liver and stomach irritation that require consultation with your personal physician before starting on such a treatment.

Should you aim for a cholesterol level under 182 mg. % (using the Gilford method of the Lipid Clinics studies)? I do not dispute the mental relief that comes with erasing statistical risk of atherosclerotic coronary artery disease. And the mortality studies with 30 year follow up from the Framingham study show a 5% increase in overall death for each 10mg/dL increase of serum cholesterol up to age 50. (After that other factors of illness lower cholesterol and confuse the interpretation). On the other hand the National Cooperative Pooling Project found that Americans age 36 to 59 had the lowest death rate (from all causes) with serum cholesterol between 225 and 249.

I conclude that other factors are equally as important as total serum cholesterol. Among these are minerals, such as magnesium, selenium and chromium, vitamins C, E and B6 and essential fatty acids, particularly the omega 3 type in flaxseed and fish oils. I find it most important to measure and balance all these factors and teach personal diet with fat and fiber selected according to one's individual needs and reactions. There is no one answer for every case! Finding the right answer for yourself remains a personal challenge, one rendered possible with medical testing and follow-up.

*Dr. Kunin is a doctor of nutritional medicine who has his practice here in the neighborhood. He is also the author of two best-selling books in nutrition: "Meganutrition" and "Meganutrition for Women."*

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## Architectural Genealogy!

History of your house or store

**Anne Bloomfield**

**922-1063**

(The New Fillmore regrets having misspelled  
genealogy in this ad last month.)

## Saint Dominic's Church

Corner Bush and  
Steiner Streets

Sunday Mass Schedule:  
Saturday Vigil Mass 5:30 p.m.

Sunday: 7:00 a.m.  
8:00 a.m.  
9:00 a.m. Congregational Singing  
10:00 a.m. Parish Choir Singing  
12:00 p.m. Congregational Singing  
5:00 p.m. Contemporary Guitar  
7:00 p.m. "Folk Mass"

Weekday Mass Schedule:  
6:30 a.m. All the weekday Masses  
7:00 a.m. are celebrated in the  
8:00 a.m. Lady Chapel.

Liturgy of the Hours:  
7:30 a.m. & 5:00 p.m. daily. You  
are invited to join the community  
in the choir stalls before the Main  
Altar. Prayer Books are provided.

SOLEMNITY OF SAINT DOMINIC - August 9th

Special Celebration - 12:15 p.m. Mass  
Sunday August 9th - Choir & Brass

Share your talent - Saint Dominic's is  
organizing the music program. Interested  
in singing? Playing an instrument? Ringing  
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Father Joseph - 567 7824





The Alta Plaza Apartments, 2500 Steiner Street, are not exactly a "great old house," rather a stack of twelve houses with only one front door, and a doorman. It is one of perhaps a couple dozen grand luxury apartment buildings of the nineteen-teens and twenties in the city. All are north of Pine St. and half in Pacific Heights. Their occupants command all the spaciousness of a large single-family house, but without stairs or garden duty, and with fireplace, huge dining room, plenty of closets, ample ceilings, and servants quarters. Their architectural composition relates to early skyscrapers: the height is organized like a column, with base, shaft and capital, and historic ornamentation.

In this case architect chose Gothic motifs for the base: pointed arches, tracery, gargoyles and stained glass. The windows of the "shaft" line up vertically to emphasize height, and the two-story "capital" is crowned with a chateau-like roof visible from Tiburon and Twin Peaks as the westernmost highrise on the skyline. Gothic continues in the lobby, where rib vaulting defines the ceiling, supported on thin columns with bound foliage shafts and overhanging capitals—all plaster. There's an imitation unicorn tapestry, more stained glass, a miniature medieval fireplace and an elevator door embossed with family crests.

The elevator cab disdains gothic put-on. Surrounded by dense paneling and grapevine cornice, one is lifted to the privileged upper realms where walls are plain, with only enough generalized moldings to set off the owner's style, whatever that may be. Ceilings are ten ft. high, mildly barrel-vaulted in the living room, and with Grecian anthemion moldings in the dining room. No medieval fireplace here, but a vaguely Colonial Revival one, lined with black marble matching the baseboards. Hardwood floors of course, three or four bedrooms, library, paneled doors, you name it. But all these recede before the bay view through huge north windows, and the owner's personality expressed in furnishings.

Owners. This is not a condominium, but a "community apartment", owned by a corporation whose sole stockholders are its residents. In the twenties community apartments were as popular as condos today. Many of the corporations continue; it makes for stable occupancy. Two of

the earliest owners here, Emporium vice-president Roy Southworth and real estate heir Harold Schoenfeld, stayed on for a quarter century or so.

This steel-and-concrete community apartment was erected in 1926-27 by C.A. Meussdorffer,

architect of a third of the city's luxury apartments. Obviously he understood the desires of people with money, and the name Meussdorffer will crop up again in this series. The Alta Plaza Apartments were perhaps the apex of his career.

—Anne Bloomfield

## Great Old Houses #16—#27



2500 Steiner, the pride of luxury apartment architect C.A. Meussdorffer

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BAMBA

From page 11

most complex performance as the troubled, emotionally unstable "bad boy" who can do nothing right. It's hard not to end up rooting for something good to happen to him for a change.

But Valens is transformed from this rather bland nice kid to a dynamic, exciting, sexual being, a young Elvis, and the film excels in giving the audience the sense of the real power of rock and roll. You can start to understand why it's like an addiction to Valens and how it changed the nature of America.

The music throughout is just terrific with Los Lobos re-creating the music

of Valens (the original tapes were not in a shape to be reproduced) and Carlos Santana and Miles Goodman creating additional soundtrack. The only wrong note is hit by the weak performance of Marshall Crenshaw as Buddy Holly. They should have signed Gary Busey who played Holly in the 1970's film story of his life to recreate the role.

The music is so upbeat, strong and memorable that it stays with you, and you'll catch yourself singing "La, la, la, la bamba" as you walk down Fillmore days later.

— Rhonda M. Abrams

Rhonda Abrams is a film critic who lives in the neighborhood.



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From Kids to Kurosawa at Western Addition Library

The Western Addition Branch of The San Francisco Library is having a busy August, offering a varied program that includes everything from taking care of kids for fun and profit to Kurosawa.

On Thursday, August 8 at 3p.m. the library will sponsor a workshop on "How to Start a Profitable Child Care Center in Your Home." Designed for parents, child care workers, teachers or anyone who likes caring for children and wants a profitable home-based career, the workshop will be conducted by Patricia Gallagher, author of a

new book, "Childcare and You."

In preparation for an Akira Kurosawa videofilm festival actually slated for September the library is hosting a lecture by Audie Bock, author of *Japanese Film Directors*, on Wednesday, August 19 at 7 p.m. Ms. Bock's lecture is entitled "The Old and New Kurosawa." A 6:30 p.m. reception precedes the lecture.

CHESTER

From page 19

If you're weary of airports and big city living, why not hop in the car and experience one of California's historical sights? Chester and the Lassen National Park area are easy to get to and definitely fun to explore. Happy Trails!

Susan Campos is vice president of Pacific Heights Travel.

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